McAfee may conflict if other Firewalls and/or virus scanners are running. Turn off the Windows Firewall located in the Control Panel and any other virus scanners.

Locate McAfee from Start, Programs or All Programs.

Click Configure in the bottom left of the screen.

Click Internet & Network, followed by the down arrow beside Firewall protection is enabled.
Click the Advanced button. Click Program Permissions on the left.

The Program Permissions screen will populate. Locate and click Firebird SQL Server - fbServer.exe. Make sure the Permission is set to Full Access. If it is not click Grant Full Access in the Actions box listed below. Follow the same procedure for Firebird SQL Server - gbak.exe, PMPsUTIL.exe, PMPwL.exe, and PMPwS.

Click OK. Close all windows and restart your computer.